



Glory Days Running

Competitive Runner Report

For

Rod Garratt



Home City: Santa Barbara **Santa Barbara County** **35-39 Division**

Southern California Running Statistics provided by Glorydaysrunning.net - email: glorydaysrunning@cox.net

Current 35-39 Rankings

Age Division runners, ranked according to the average of their three (3) best race results (based on 10K equivalent times) during the past 12 months

1 Oscar Gonzalez		Home Neighborhood		Irvine Orange County		Score	31.19
Top 3 Races		Date	Distance	Time			
Revlon Run 5K	5/11/2002	5K	15:04	Division Place in Race =	1 of 687 = Top	0.1%	
Los Angeles	10K Eq Time =	31.13 minutes		SC Race Result Rank =	4 of 6975 = Top	0.1%	
Gardena 5000	6/2/2002	5K	15:05	Division Place in Race =	1 of 90 = Top	1.1%	
Gardena	10K Eq Time =	31.17 minutes		SC Race Result Rank =	5 of 6975 = Top	0.1%	
Carlsbad 5000	4/7/2002	5K	15:08	Division Place in Race =	2 of 450 = Top	0.4%	
Carlsbad	10K Eq Time =	31.27 minutes		SC Race Result Rank =	9 of 6975 = Top	0.1%	
2 James Sheremeta		Home Neighborhood		La Jolla San Diego County		Score	31.25
Top 3 Races		Date	Distance	Time			
Moondoggies 4mi Run	8/25/2002	4mi	19:33	Division Place in Race =	1 of 79 = Top	1.3%	
La Jolla	10K Eq Time =	30.94 minutes		SC Race Result Rank =	1 of 593 = Top	0.2%	
Carlsbad 5000	4/7/2002	5K	15:12	Division Place in Race =	3 of 450 = Top	0.7%	
Carlsbad	10K Eq Time =	31.40 minutes		SC Race Result Rank =	11 of 6975 = Top	0.2%	
Race for the Pennant 4mi	7/20/2002	4mi	19:51	Division Place in Race =	1 of 69 = Top	1.4%	
San Diego	10K Eq Time =	31.42 minutes		SC Race Result Rank =	2 of 593 = Top	0.3%	
3 Tyrus Deminter		Home Neighborhood		Los Angeles Los Angeles County		Score	31.55
Top 3 Races		Date	Distance	Time			
Achievable 5K	4/14/2002	5K	15:11	Division Place in Race =	1 of 23 = Top	4.3%	
Century City	10K Eq Time =	31.37 minutes		SC Race Result Rank =	10 of 6975 = Top	0.1%	
St Pat's Run 10K	3/17/2002	10K	31:27	Division Place in Race =	1 of 101 = Top	1.0%	
Torrance	10K Eq Time =	31.45 minutes		SC Race Result Rank =	1 of 3509 = Top	0.0%	
Rotary 10K	4/28/2002	10K	31:50	Division Place in Race =	1 of 18 = Top	5.6%	
Northridge	10K Eq Time =	31.83 minutes		SC Race Result Rank =	4 of 3509 = Top	0.1%	
4 Hector Lopez		Home Neighborhood		Los Angeles Los Angeles County		Score	31.77
Top 3 Races		Date	Distance	Time			
No to Drugs Holiday Classic 5	12/8/2002	5K	15:20	Division Place in Race =	1 of 18 = Top	5.6%	
Los Angeles	10K Eq Time =	31.67 minutes		SC Race Result Rank =	16 of 6975 = Top	0.2%	
Long Beach Half	10/13/2002	Half	1:09:22	Division Place in Race =	1 of 208 = Top	0.5%	
Long Beach	10K Eq Time =	31.75 minutes		SC Race Result Rank =	4 of 2406 = Top	0.2%	
Village Runner 5K	12/7/2002	5K	15:27	Division Place in Race =	1 of 50 = Top	2.0%	
Redondo Beach	10K Eq Time =	31.90 minutes		SC Race Result Rank =	19 of 6975 = Top	0.3%	

5 Patrick Green		Home Neighborhood		Long Beach		Score	32.39
				Los Angeles County			
Top 3 Races	Date	Distance	Time				
Carlsbad 5000	4/7/2002	5K	15:31	Division Place in Race =	7 of	450 = Top	1.6%
Carlsbad	10K Eq Time =	32.03 minutes		SC Race Result Rank =	25 of	6975 = Top	0.4%
Los Alamitos 5K	2/23/2002	5K	15:37	Division Place in Race =	2 of	56 = Top	3.6%
Los Alamitos	10K Eq Time =	32.23 minutes		SC Race Result Rank =	31 of	6975 = Top	0.4%
Super Bowl Run 5K	2/3/2002	10K	15:57	Division Place in Race =	2 of	108 = Top	1.9%
Redondo Beach	10K Eq Time =	32.90 minutes		SC Race Result Rank =	12 of	3509 = Top	0.3%
6 Jose Ortiz		Home Neighborhood		Gardena		Score	32.46
				Los Angeles County			
Top 3 Races	Date	Distance	Time				
St Pat's Run 5K	3/17/2002	5K	15:43	Division Place in Race =	1 of	43 = Top	2.3%
Torrance	10K Eq Time =	32.43 minutes		SC Race Result Rank =	37 of	6975 = Top	0.5%
Palos Verdes Half	5/18/2002	Half	1:11:10	Division Place in Race =	1 of	80 = Top	1.3%
Palos Verdes	10K Eq Time =	32.47 minutes		SC Race Result Rank =	8 of	2406 = Top	0.3%
Gardena 5000	6/2/2002	5K	15:44	Division Place in Race =	2 of	90 = Top	2.2%
Gardena	10K Eq Time =	32.47 minutes		SC Race Result Rank =	38 of	6975 = Top	0.5%
7 Brian Spangenberg		Home Neighborhood		Canyon Country		Score	32.63
				Los Angeles County			
Top 3 Races	Date	Distance	Time				
Fontana Days Run 5K	6/1/2002	5K	15:00	Division Place in Race =	2 of	23 = Top	8.7%
Fontana	10K Eq Time =	31.00 minutes		SC Race Result Rank =	2 of	6975 = Top	0.0%
Heart Run 10K	2/17/2002	10K	33:14	Division Place in Race =	1 of	13 = Top	7.7%
Woodland Hills	10K Eq Time =	33.23 minutes		SC Race Result Rank =	18 of	3509 = Top	0.5%
Pacific Shoreline 5K	1/27/2002	5K	16:20	Division Place in Race =	1 of	84 = Top	1.2%
Huntington Beach	10K Eq Time =	33.67 minutes		SC Race Result Rank =	75 of	6975 = Top	1.1%
8 Alex Hetherington		Home Neighborhood		San Clemente		Score	32.65
				Orange County			
Top 3 Races	Date	Distance	Time				
Camp Pendleton Half	9/14/2002	Half	1:11:04	Division Place in Race =	1 of	85 = Top	1.2%
Oceanside	10K Eq Time =	32.43 minutes		SC Race Result Rank =	7 of	2406 = Top	0.3%
Distance Derby 10mi	8/10/2002	10mi	54:33	Division Place in Race =	1 of	63 = Top	1.6%
Huntington Beach	10K Eq Time =	32.73 minutes		SC Race Result Rank =	1 of	122 = Top	0.8%
Independence Day 15K	7/4/2002	15K	50:17	Division Place in Race =	1 of	114 = Top	0.9%
Coronado	10K Eq Time =	32.79 minutes		SC Race Result Rank =	2 of	195 = Top	1.0%
9 Steve Bishop		Home Neighborhood		Tustin		Score	32.84
				Orange County			
Top 3 Races	Date	Distance	Time				
LA Marathon 5K	3/3/2002	5K	15:44	Division Place in Race =	1 of	126 = Top	0.8%
Los Angeles	10K Eq Time =	32.47 minutes		SC Race Result Rank =	40 of	6975 = Top	0.6%
Carlsbad 5000	4/7/2002	5K	15:57	Division Place in Race =	12 of	450 = Top	2.7%
Carlsbad	10K Eq Time =	32.90 minutes		SC Race Result Rank =	51 of	6975 = Top	0.7%
Bastille Day 5K	7/14/2002	5K	16:05	Division Place in Race =	4 of	43 = Top	9.3%
Newport Beach	10K Eq Time =	33.17 minutes		SC Race Result Rank =	61 of	6975 = Top	0.9%

10 Michael Smith	Home Neighborhood			Santa Barbara Santa Barbara County		Score	33.02
Top 3 Races	Date	Distance	Time				
States Street Mile	6/16/2002	1mi	4:20	Division Place in Race =	2 of	18 = Top	11.1%
Santa Barbara	10K Eq Time =	32.50 minutes		SC Race Result Rank =	2 of	18 = Top	11.1%
Nite Moves 1 5K	5/1/2002	5K	16:03	Division Place in Race =	1 of	22 = Top	4.5%
Santa Barbara	10K Eq Time =	33.10 minutes		SC Race Result Rank =	58 of	6975 = Top	0.8%
Fay Hobbs Memorial 5K	1/1/2002	5K	16:07	Division Place in Race =	1 of	18 = Top	5.6%
Santa Barbara	10K Eq Time =	33.23 minutes		SC Race Result Rank =	62 of	6975 = Top	0.9%
Nite Moves 18 5K	8/28/2002	5K	16:07	Division Place in Race =	1 of	25 = Top	4.0%
Santa Barbara	10K Eq Time =	33.23 minutes		SC Race Result Rank =	64 of	6975 = Top	0.9%
11 Fred Cowles	Home Neighborhood			Anaheim Orange County		Score	33.07
Top 3 Races	Date	Distance	Time				
Dinosaur Dash 5K	11/3/2002	5K	15:51	Division Place in Race =	2 of	62 = Top	3.2%
Tustin	10K Eq Time =	32.70 minutes		SC Race Result Rank =	46 of	6975 = Top	0.7%
Dana Pt Turkey Trot 5K	11/28/2002	5K	16:07	Division Place in Race =	2 of	179 = Top	1.1%
Dana Point	10K Eq Time =	33.23 minutes		SC Race Result Rank =	63 of	6975 = Top	0.9%
OC Race for Cure Coed 5K	9/22/2002	5K	16:08	Division Place in Race =	2 of	408 = Top	0.5%
Newport Beach	10K Eq Time =	33.27 minutes		SC Race Result Rank =	65 of	6975 = Top	0.9%
12 Jorge Marquez	Home Neighborhood			Northridge Los Angeles County		Score	33.24
Top 3 Races	Date	Distance	Time				
Dodgers All Star 5k	7/8/2002	5K	15:35	Division Place in Race =	1 of	38 = Top	2.6%
Los Angeles	10K Eq Time =	32.17 minutes		SC Race Result Rank =	27 of	6975 = Top	0.4%
Wild Rivers 5K	6/22/2002	5K	15:58	Division Place in Race =	2 of	44 = Top	4.5%
Irvine	10K Eq Time =	32.93 minutes		SC Race Result Rank =	52 of	6975 = Top	0.7%
Universal Studios 5K	11/17/2002	5K	16:49	Division Place in Race =	1 of	39 = Top	2.6%
Universal City	10K Eq Time =	34.63 minutes		SC Race Result Rank =	120 of	6975 = Top	1.7%
13 Bob Adams	Home Neighborhood			Corona Riverside County		Score	33.30
Top 3 Races	Date	Distance	Time				
Bastille Day 5K	7/14/2002	5K	16:04	Division Place in Race =	3 of	43 = Top	7.0%
Newport Beach	10K Eq Time =	33.13 minutes		SC Race Result Rank =	60 of	6975 = Top	0.9%
Carlsbad 5000	4/7/2002	5K	16:10	Division Place in Race =	14 of	450 = Top	3.1%
Carlsbad	10K Eq Time =	33.33 minutes		SC Race Result Rank =	67 of	6975 = Top	1.0%
Anaheim Hills Firecracker 10	7/4/2002	10K	33:26	Division Place in Race =	2 of	28 = Top	7.1%
Anaheim Hills	10K Eq Time =	33.43 minutes		SC Race Result Rank =	22 of	3509 = Top	0.6%
14 Mark Donaldson	Home Neighborhood			Trabuco Canyon Orange County		Score	33.57
Top 3 Races	Date	Distance	Time				
Fontana Days Run 5K	6/1/2002	5K	15:37	Division Place in Race =	4 of	23 = Top	17.4%
Fontana	10K Eq Time =	32.23 minutes		SC Race Result Rank =	29 of	6975 = Top	0.4%
Dana Pt Turkey Trot 10K	11/28/2002	10K	34:13	Division Place in Race =	2 of	255 = Top	0.8%
Dana Point	10K Eq Time =	34.22 minutes		SC Race Result Rank =	31 of	3509 = Top	0.9%
Orange County Half	11/3/2002	Half	1:15:41	Division Place in Race =	2 of	74 = Top	2.7%
Irvine	10K Eq Time =	34.27 minutes		SC Race Result Rank =	21 of	2406 = Top	0.9%

15 Rick Herr		Home Neighborhood		Mission Viejo		Score	33.58
				Orange	County		
Top 3 Races	Date	Distance	Time				
Dana Pt Turkey Trot 10K	11/28/2002	10K	32:41	Division Place in Race =	1 of	255 = Top	0.4%
Dana Point	10K Eq Time =	32.68 minutes		SC Race Result Rank =	10 of	3509 = Top	0.3%
Orange County 5K	11/3/2002	5K	16:26	Division Place in Race =	2 of	19 = Top	10.5%
Irvine	10K Eq Time =	33.87 minutes		SC Race Result Rank =	81 of	6975 = Top	1.2%
Flo-Jo Memorial Half	5/27/2002	Half	1:15:28	Division Place in Race =	2 of	130 = Top	1.5%
Laguna Niguel	10K Eq Time =	34.19 minutes		SC Race Result Rank =	19 of	2406 = Top	0.8%
16 Rod Garratt		Home Neighborhood		Santa Barbara		Score	33.66
				Santa Barbara County			
Top 3 Races	Date	Distance	Time				
Fontana Days Run 5K	6/1/2002	5K	15:54	Division Place in Race =	5 of	23 = Top	21.7%
Fontana	10K Eq Time =	32.80 minutes		SC Race Result Rank =	49 of	6975 = Top	0.7%
States Street Mile	6/16/2002	1mi	4:30	Division Place in Race =	5 of	18 = Top	27.8%
Santa Barbara	10K Eq Time =	33.75 minutes		SC Race Result Rank =	5 of	18 = Top	27.8%
Nite Moves 9 5K	6/26/2002	5K	16:43	Division Place in Race =	1 of	33 = Top	3.0%
Santa Barbara	10K Eq Time =	34.43 minutes		SC Race Result Rank =	111 of	6975 = Top	1.6%
17 David Foote		Home Neighborhood		Santa Monica		Score	33.70
				Los Angeles County			
Top 3 Races	Date	Distance	Time				
City Challenge 5K	10/6/2002	5K	15:38	Division Place in Race =	1 of	26 = Top	3.8%
Century City	10K Eq Time =	32.27 minutes		SC Race Result Rank =	32 of	6975 = Top	0.5%
Kickin Cancer 5K	9/15/2002	5K	16:26	Division Place in Race =	2 of	44 = Top	4.5%
Brentwood	10K Eq Time =	33.87 minutes		SC Race Result Rank =	82 of	6975 = Top	1.2%
Brentwood Run 5K	5/26/2002	5K	16:59	Division Place in Race =	2 of	45 = Top	4.4%
Brentwood	10K Eq Time =	34.97 minutes		SC Race Result Rank =	144 of	6975 = Top	2.1%
18 Jeff Atkinson		Home Neighborhood		Redondo Beach		Score	33.93
				Los Angeles County			
Top 3 Races	Date	Distance	Time				
Old Hometown 10K	10/5/2002	10K	32:35	Division Place in Race =	1 of	349 = Top	0.3%
Manhattan Beach	10K Eq Time =	32.58 minutes		SC Race Result Rank =	9 of	3509 = Top	0.3%
Grand View Gator Run 5K	6/8/2002	5K	16:24	Division Place in Race =	1 of	64 = Top	1.6%
Manhattan Beach	10K Eq Time =	33.80 minutes		SC Race Result Rank =	78 of	6975 = Top	1.1%
Buffalo Run Half	2/2/2002	Half	1:18:31	Division Place in Race =	1 of	21 = Top	4.8%
Avalon	10K Eq Time =	35.41 minutes		SC Race Result Rank =	45 of	2406 = Top	1.9%
19 Robert Bush		Home Neighborhood		La Verne		Score	33.94
				Los Angeles County			
Top 3 Races	Date	Distance	Time				
City of Hope 10K	10/6/2002	10K	33:15	Division Place in Race =	1 of	14 = Top	7.1%
Duarte	10K Eq Time =	33.25 minutes		SC Race Result Rank =	19 of	3509 = Top	0.5%
Palm Springs 1/2 Marathon	2/17/2002	Half	1:15:27	Division Place in Race =	3 of	37 = Top	8.1%
Palm Springs	10K Eq Time =	34.18 minutes		SC Race Result Rank =	18 of	2406 = Top	0.7%
Achievable 5K	4/14/2002	5K	16:42	Division Place in Race =	3 of	23 = Top	13.0%
Century City	10K Eq Time =	34.40 minutes		SC Race Result Rank =	108 of	6975 = Top	1.5%

20 Daniel Rosales		Home Neighborhood		Fontana		Score	33.96
				San Bernardino County			
Top 3 Races	Date	Distance	Time				
Carlsbad 5000	4/7/2002	5K	16:12	Division Place in Race =	15 of	391 = Top	3.8%
Carlsbad	10K Eq Time =	33.40 minutes		SC Race Result Rank =	72 of	7185 = Top	1.0%
Catalina Island 5K	3/16/2002	5K	16:36	Division Place in Race =	1 of	12 = Top	8.3%
Avalon	10K Eq Time =	34.20 minutes		SC Race Result Rank =	108 of	7185 = Top	1.5%
Spirit Run 5K	3/10/2002	5K	16:38	Division Place in Race =	1 of	34 = Top	2.9%
Newport Beach	10K Eq Time =	34.27 minutes		SC Race Result Rank =	116 of	7185 = Top	1.6%
21 Ezequiel Hernandez		Home Neighborhood		Rosemead		Score	33.96
				Los Angeles County			
Top 3 Races	Date	Distance	Time				
Revlon Run 5K	5/11/2002	5K	16:24	Division Place in Race =	2 of	687 = Top	0.3%
Los Angeles	10K Eq Time =	33.80 minutes		SC Race Result Rank =	79 of	6975 = Top	1.1%
LA Marathon	3/3/2002	Marathon	2:39:36	Division Place in Race =	1 of	1526 = Top	0.1%
Los Angeles	10K Eq Time =	33.92 minutes		SC Race Result Rank =	5 of	3336 = Top	0.1%
Gardena 5000	6/2/2002	5K	16:35	Division Place in Race =	3 of	90 = Top	3.3%
Gardena	10K Eq Time =	34.17 minutes		SC Race Result Rank =	94 of	6975 = Top	1.3%
22 Barry Heppell		Home Neighborhood		San Diego		Score	34.03
				San Diego County			
Top 3 Races	Date	Distance	Time				
Moondoggies 4mi Run	8/25/2002	4mi	21:15	Division Place in Race =	2 of	79 = Top	2.5%
La Jolla	10K Eq Time =	33.63 minutes		SC Race Result Rank =	4 of	593 = Top	0.7%
Turf to Surf 5K	7/28/2002	5K	16:36	Division Place in Race =	2 of	64 = Top	3.1%
Del Mar	10K Eq Time =	34.20 minutes		SC Race Result Rank =	96 of	6975 = Top	1.4%
SD Half Marathon	1/20/2002	Half	1:15:39	Division Place in Race =	1 of	322 = Top	0.3%
Carlsbad	10K Eq Time =	34.26 minutes		SC Race Result Rank =	20 of	2406 = Top	0.8%
23 Richard Paris		Home Neighborhood		Trabuco Canyon		Score	34.07
				Orange County			
Top 3 Races	Date	Distance	Time				
Bastille Day 5K	7/14/2002	5K	16:30	Division Place in Race =	5 of	43 = Top	11.6%
Newport Beach	10K Eq Time =	34.00 minutes		SC Race Result Rank =	87 of	6975 = Top	1.2%
Wild Rivers 5K	6/22/2002	5K	16:32	Division Place in Race =	3 of	44 = Top	6.8%
Irvine	10K Eq Time =	34.07 minutes		SC Race Result Rank =	88 of	6975 = Top	1.3%
Dana Pt Turkey Trot 5K	11/28/2002	5K	16:34	Division Place in Race =	3 of	179 = Top	1.7%
Dana Point	10K Eq Time =	34.13 minutes		SC Race Result Rank =	90 of	6975 = Top	1.3%
24 Hilario Martinez		Home Neighborhood		Los Angeles		Score	34.20
				Los Angeles County			
Top 3 Races	Date	Distance	Time				
Minnie Riperton 10K	11/10/2002	10K	33:34	Division Place in Race =	2 of	9 = Top	22.2%
Los Angeles	10K Eq Time =	33.57 minutes		SC Race Result Rank =	25 of	3509 = Top	0.7%
Achievable 5K	4/14/2002	5K	16:37	Division Place in Race =	2 of	23 = Top	8.7%
Century City	10K Eq Time =	34.23 minutes		SC Race Result Rank =	97 of	6975 = Top	1.4%
Heart of the City 10K	10/6/2002	10K	34:48	Division Place in Race =	1 of	16 = Top	6.3%
Los Angeles	10K Eq Time =	34.80 minutes		SC Race Result Rank =	41 of	3509 = Top	1.2%

25 Miguel Magana		Home Neighborhood		Los Angeles Los Angeles County		Score	34.28
Top 3 Races	Date	Distance	Time				
No to Drugs Holiday Classic 1 Los Angeles	12/8/2002	10K	33:57	Division Place in Race =	1 of 17 = Top	5.9%	
	10K Eq Time =	33.95 minutes		SC Race Result Rank =	29 of 3509 = Top	0.8%	
Long Beach Half Long Beach	10/13/2002	Half	1:15:49	Division Place in Race =	2 of 208 = Top	1.0%	
	10K Eq Time =	34.33 minutes		SC Race Result Rank =	22 of 2406 = Top	0.9%	
Run for a Green LA 10K Los Angeles	10/27/2002	10K	34:34	Division Place in Race =	2 of 50 = Top	4.0%	
	10K Eq Time =	34.57 minutes		SC Race Result Rank =	34 of 3509 = Top	1.0%	
26 Scott Shean		Home Neighborhood		Hermosa Beach Los Angeles County		Score	34.45
Top 3 Races	Date	Distance	Time				
AM Good Morning 5K Manhattan Beach	3/2/2002	5K	16:30	Division Place in Race =	1 of 56 = Top	1.8%	
	10K Eq Time =	34.00 minutes		SC Race Result Rank =	86 of 6975 = Top	1.2%	
Santa Anita Derby Day 5K Arcadia	4/6/2002	5K	16:41	Division Place in Race =	2 of 136 = Top	1.5%	
	10K Eq Time =	34.37 minutes		SC Race Result Rank =	107 of 6975 = Top	1.5%	
Old Hometown 10K Manhattan Beach	10/5/2002	10K	34:59	Division Place in Race =	4 of 349 = Top	1.1%	
	10K Eq Time =	34.98 minutes		SC Race Result Rank =	45 of 3509 = Top	1.3%	
27 Bryce Sawyer		Home Neighborhood		Ojai Ventura County		Score	34.53
Top 3 Races	Date	Distance	Time				
Run for the Animals 10K Ojai	10/19/2002	10K	33:48	Division Place in Race =	1 of 3 = Top	33.3%	
	10K Eq Time =	33.80 minutes		SC Race Result Rank =	28 of 3509 = Top	0.8%	
Santa Barbara News Half Santa Barbara	11/2/2002	Half	1:16:00	Division Place in Race =	3 of 102 = Top	2.9%	
	10K Eq Time =	34.40 minutes		SC Race Result Rank =	24 of 2406 = Top	1.0%	
Ojai Heart & Sole 10K Ojai	5/18/2002	10K	35:23	Division Place in Race =	1 of 1 = Top	00.0%	
	10K Eq Time =	35.38 minutes		SC Race Result Rank =	61 of 3509 = Top	1.7%	
28 Marco Arteaga		Home Neighborhood		Colton San Bernardino County		Score	34.63
Top 3 Races	Date	Distance	Time				
Fontana Days Run Half Fontana	6/1/2002	Half	1:13:44	Division Place in Race =	1 of 42 = Top	2.4%	
	10K Eq Time =	33.49 minutes		SC Race Result Rank =	15 of 2406 = Top	0.6%	
Run Thru the Pines 10K Crestline	8/10/2002	10K	35:06	Division Place in Race =	1 of 9 = Top	11.1%	
	10K Eq Time =	35.10 minutes		SC Race Result Rank =	50 of 3509 = Top	1.4%	
Long Beach Marathon Long Beach	10/13/2002	Marathon	2:46:31	Division Place in Race =	2 of 164 = Top	1.2%	
	10K Eq Time =	35.30 minutes		SC Race Result Rank =	15 of 3336 = Top	0.4%	
29 Ruben Ordonez		Home Neighborhood		Los Angeles Los Angeles County		Score	34.74
Top 3 Races	Date	Distance	Time				
Keep LA Running 10K Playa Del Rey	7/14/2002	10K	34:16	Division Place in Race =	1 of 37 = Top	2.7%	
	10K Eq Time =	34.27 minutes		SC Race Result Rank =	34 of 3382 = Top	1.0%	
Heart of the City 10K Los Angeles	10/6/2002	10K	34:57	Division Place in Race =	1 of 19 = Top	5.3%	
	10K Eq Time =	34.95 minutes		SC Race Result Rank =	48 of 3382 = Top	1.4%	
Alive & Running 5K Westchester	9/22/2002	5K	17:00	Division Place in Race =	2 of 31 = Top	6.5%	
	10K Eq Time =	35.00 minutes		SC Race Result Rank =	163 of 7185 = Top	2.3%	

30 Eduardo Macias		Home Neighborhood		Northridge		Score	34.74
				Los Angeles County			
Top 3 Races	Date	Distance	Time				
Rotary 5K	4/28/2002	5K	16:41	Division Place in Race =	2 of	9 = Top	22.2%
Northridge	10K Eq Time =	34.37 minutes		SC Race Result Rank =	106 of	6975 = Top	1.5%
Run for a Green LA 5K	10/27/2002	5K	16:57	Division Place in Race =	1 of	22 = Top	4.5%
Los Angeles	10K Eq Time =	34.90 minutes		SC Race Result Rank =	137 of	6975 = Top	2.0%
Running Scared at CBS 5K	10/26/2002	5K	16:59	Division Place in Race =	1 of	22 = Top	4.5%
Studio City	10K Eq Time =	34.97 minutes		SC Race Result Rank =	142 of	6975 = Top	2.0%